

# College and Career Readiness

9th-12th

**Counseling.9-12.CD.1** - Students identify individual strengths and interests to make informed education and career decisions.

## Who am I? Assignment

Everyone has interests (hobbies, passions, etc.); values (usually learned from our families) and personality traits. This unit will explore each of the three areas allowing you to find out more about yourself

### Interests

Our interests or hobbies can lead us to our careers or occupations. An interest in how things work could become a career in engineering. A hobby in skateboarding may lead someone into a career in designing better skateboards.

As a high school senior you are often asked: What do you want to do after high school? An interest inventory can help narrow down your specific interests and what occupations fall within those interests.

Go to: <https://mtcis.intocareers.org/materials/portal/home.html>

Sign in: user name:willardsc

password: plan7ing

1. In the right hand corner next to the picture is a blue box with a silhouette of a person with a tab that says create my profile. Click on the link.
2. The link for a new user login is on the right. After you have submitted your information and created a profile there will be a screen with a list of categories.
3. Click on view link under Learn about Myself. Another list will show. Find Career Cluster Inventory and click on the link that says Go To Career Cluster Inventory.
4. Read the directions and then click on the Rate the Activities link.
5. After you are done save to your profile, copy to a google doc and share with me at [bfergerson@mcpsmt.org](mailto:bfergerson@mcpsmt.org)



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